



# Return to Rugby FAQs and Key Points

Updated: February 17, 2022

## 1. Public Health Orders That Apply to Rugby

Clubs can return to training indoors following PHO orders including:

- [Wearing masks](#) for 5+ years of age when not actively exercising
- All adult participants (22+ years of age) to show proof of full vaccination when accessing indoor facilities for adult sport.
- Non-employee supervisors, coaches and assistants of indoor sports and group activities for people 21 years or younger must be fully vaccinated

If your training venue requires a certificate of insurance, please contact Mitch Sora ([msora@bcrugby.com](mailto:msora@bcrugby.com)) allowing three business days for completion.

- Indoor organized gatherings of any size are now allowed following [masking](#) and [proof of vaccination requirements](#)
- Continue to wear masks in change rooms
- Continue to stay at home if you are feeling unwell or have any COVID-19 related symptoms
- Ensure compliance with the current [Order on Events & Gatherings](#) and [Food & Liquor Servicing Premises Order](#)

## 2. Rules for Clubs Regarding COVID-19 per Return to Rugby Policy

- Continue to have an appointed COVID-19 Safety Coordinator who is responsible for any COVID-19 related items. Email [covidsafety@bcrugby.com](mailto:covidsafety@bcrugby.com) if this person has changed.
- Continue to ensure all participants are registered in Sportlomo including coaches, players, board members etc.
  - **IMPORTANT** – ensure the participant completes this registration themselves.
- Continue to complete attendance within 36 hours for all in-person activities. This includes trainings and completing game sheets for match day. This ensures participants have completed the waiver and their proof of vaccination.



- Attestations are no longer required!
- Proof of vaccination is required per [BC Rugby's Mandatory Vaccination Policy](#) for participants aged 12 and over. A player has provided proof of vaccination if they are marked as active in Sportlomo.
- Continue to clean and disinfect equipment before and after trainings
- If your club has a positive test see the next steps in the below flow chart. Participants should be informed to follow the [BC CDC guidelines](#).
- COVID-19 liability protection offered under the Provincial Government has been extended until December 31, 2022

### 3. Recommendations for Clubs to Reduce Risk

Do:

- Wear masks in change rooms
- Team debriefs can take place indoors with masks and outdoors without masks
- Social gatherings can take place indoors with masks and proof of vaccination, and outdoors without masks
- Food service can resume indoors with masks and outdoors without masks

Don't:

- Share water bottles
- Share food
- Attend training or matches if you have symptoms of COVID

### 4. What do we do if someone has persistent or worsening symptoms of COVID-19?

- 1) Participants should notify their clubs COVID-19 Safety Coordinator if they have persistent or worsening symptoms and stay home
- 2) Participants should follow guidance from [provincial health](#) on getting tested and self-isolation
- 3) If the participant takes a COVID-19 test they should share notice of the result to their Club's COVID-19 Safety Coordinator
  - a) If negative participants can return to rugby under the following conditions:
    - i. Return to rugby 5 days after symptoms started
    - ii. Ensuring any fever has resolved for 24 hours without fever-reducing medication
    - iii. Ensuring symptoms have improved



- 4) Member Organization's COVID-19 Safety Coordinator should share the potential case with those who attended the same activities as this person notifying participants to self-monitor for symptoms. IMPORTANT - Notifications must avoid identifying the person
- 5) Programs can continue to operate

## 5. What do we do if someone tests positive?

- 1) The individual must immediately notify their Member Organization's COVID-19 Safety Coordinator and should follow the recommendations from the [BC CDC](#)
- 2) The Member Organization's COVID-19 Safety Coordinator should inform all participants who attended in-person Rugby activities that the infected person has attended in the last four weeks to self-monitor for symptoms
- 3) Confirm how many positive cases have been identified in the program
  - a) One case has been identified within our program
    - i. All participants informed of the positive case and are required to self-monitor
    - ii. Programs can continue to operate as usual
    - iii. BC Rugby's COVID-19 Manager does not need to be informed at this point
  - b) More than one case has been identified within our program or across programs
    - i. Contact BC Rugby COVID Manager via [covidsafety@bcrugby.com](mailto:covidsafety@bcrugby.com) to confirm next steps
    - ii. Where more than one positive case is known from participants within the same program, or players have been reasonably known close contacts across programs, programs which those participants are part of must be suspended for five days from the date of last exposure.
      - a. In addition to point ii. all programs involving 5-11 year olds where more than one positive case is known must not compete in inter club events for 5 days from the end of the suspension period.
    - iii. Relevant Scenarios:
      1. More than one player within a single program tests positive AND these participants ONLY participate within that single program. ONLY this program needs to be suspended for five days from the date of last exposure. E.g. senior players team has multiple COVID cases. Senior players in only that senior team's program needs to be suspended
      2. More than one player within a program tests positive, one or more of these participants are involved in other programs.



- a) Programs involving participants 12+ can continue operating IF there are no known positive cases with players self-monitoring e.g. senior players team has multiple COVID cases, one of the players coaches the U18 team. The U18 team programs can operate while the senior team is suspended
- b) Program involving players aged 5-11 must suspend the program for five days from the date of last exposure e.g. senior players team has multiple COVID cases, one of the players coaches the U9 team. The U9 team and the senior team programs are suspended. Once no longer suspended the 5-11 program can continue but players must not participate in inter-club events.

