



## 2022 Provincial Regional Championships, July 1-3, 2022

### Law Variations

[Rugby Canada's Age-Grade Law Variations](#) will be used with the following additions.

#### U14 Boys - 12 aside

- Conversions & Restarts: To be from a Drop Kick
- Scrum: 6 players in Scrum
- Lineout: 5 players from each team can be contested with no lift
- Subs: Each player must start at least one game. Maximum of 10 subs. No player who has left the field can re-enter, unless for injury replacement.
- Penalty Kicks: No goal kicks or scrum option from a penalty or free kick

#### U14 Girls - 10 aside

- Conversions & Restarts: To be from a Drop Kick
- Scrum: 5 players in the scrum
- Lineout: 3 players from each team can be contested with no lift
- Subs: Each player must start at least one game. Maximum of 10 subs. No player who has left the field can re-enter, unless for injury replacement.
- Penalty Kicks: No goal kicks or scrum option from a penalty or free kick

#### U16 Boys and Girls

- Scrum: No resets. Free kick to the put in team in lieu of reset
- Subs: Each player must start at least one game. Maximum of 10 subs. No player who has left the field can re-enter, unless for injury replacement
- Penalty Kicks: No goal kicks or scrum option from a penalty or free kick

#### U18 Boys and Girls

- Subs: Each player must start at least one game. Maximum of 10 subs. No player who has left the field can re-enter, unless for injury replacement





### Discipline Policy

A player sent off due to receiving a Red Card will not play again during the same day. It will be at the discretion of the Tournament Discipline Committee to exclude them from playing on the next day.

A yellow card will result in the player being excluded from the pitch

- 5 minutes in a 30 min game with player replaced to allow for equal numbers at U14s
- 7 minutes in a 60 min game.

3 yellow cards at any stage for one player in the competition means that the player must appear in front of the Tournament Discipline Committee (player and manager will be notified).

There will be no citing commissioner at the event. Match Officials are responsible for reporting any foul play.

