

BC RUGBY PLAYER EXEMPTION FORM











Section 1 – Player Information	n (PLEASE PRINT CLEARLY)						
Full Name: RC Registration#:							
Height (cm):	Weight (kg):	Date of Birth (dd/m	Date of Birth (dd/mm/yyyy):				
Player Position:	Club	b or Representative Team:					
Requested Age/Gender Cat	egory:						
Does the Requested Age/Ge	ender Category Match Your B	Birth Date /Gender Identity?:	YES	NO			
Reason for Requesting Playe	er Exemption:						
Section 2 – Assessing Coach	Information and Assessmen	t (PLEASE PRINT CLEARLY)					
Full Name:		RC Registration #:		NCCP #:			
Highest Level Coaching Qualification:			Rugby Ready	/ Certified:	YES	NO	
	ations MUST ALL be fully met i participate in Rugby in a differ	in order for this application to be va ent age/gender category.	lid for the purp	oose of assessin	g an		
	O to any of them, then the play	criteria using the factors for consider SHALL NOT be considered capa					
Physical Development		physical development allow the pla requested age/gender category?	yerto compete	e YES		NO	
Skill Level	Is the player's skill level co age/gender category?	Is the player's skill level comparable with other players in the requested age/gender category?				NO	
Level of Experience	Does the player have similar experience levels to compete with other players at a comparable standard of competition in the requested age/ gender category?				NO		
Competition Standard		Is the standard of competition in the requested age/gender category suitable to allow the player to compete safely?				NO	
safely with players in the re	quested age/gender categor	, skill level and experience are su y. I have explained to the player a gender category and this may involv	nd their paren	t/guardian that			
Assessing Coach's Name		Assessing Coach's Signature Date of Ass		Date of Assess	ment		



Section 3 – Physician or Sport Medicine Specialist or Athletic Therapist (PLEASE PRINT CLEARLY)								
This is to confirm that, based on my understanding of the physical and competitive environment expected for the player in the requested age/gender category, an examination has indicated that they are physically capable of participating in that category.								
Choose One:	Physician	Sports Medicine Specialist	Athletic Therap	Athletic Therapist				
Doctor/Sp	ecialist/Therapist's Name	Doctor/Specialist/T	herapist's Signature	 Date				
Section 4 – Parent/Legal Guardian Information (PLEASE PRINT CLEARLY)								
This is to confirm tha	t:							
I am a parent	or legal guardian of							
Player's Full Name								
 I understand that rugby is a contact sport and, like all contact sports, players are exposed to risk of injury. When playing with and against players in different age/gender categories, the risk of injury to players generally increases. 								
 The assessing coach has explained to my satisfaction that: in their opinion, the player's physical development, skill level and experience is at a level that they are capable of competing safely with other players in the requested age/gender category, even though the player's physical development, skill level and experience may differ from that of the players they will play with or against. 								
 I have discussed the risks and the coach's assessment with the player. 								
I am satisfied with the medical assessment.								
I may request the exemption to be revoked for safety reasons								
Parent/G	uardian Name (Printed)	Parent/Guardian S	Signature	Date				
All forms must be su	ıbmitted to BC Rugby by using	g the e-mail and subject lines below:						
Age-Grade Exemptions for Age-Grade Competition:								
Email: aburley@bcrugby.com Subject Line: <u>"BC Rugby Player Exemption Request"</u>								
Age-Grade Exemptions for Senior Competition:								
Email: jtait@bcrug	by.com Subject Line:	"BC Rugby Player Exemption Reques	<u>t"</u>					
Before the player can play, they or their parent/guardian must get confirmation from BC Rugby that the application is approved.								



APPENDIX A

The minimum qualification required by a coach to provide a risk assessment of the player, is a current:

- NCCP Competition Introduction certificate; and
- Rugby Ready certificate; and
- Registration with Rugby Canada.

In conducting any assessment, the coach should take the following common factors into consideration:

- What is the player's level of physical development (e.g. height, weight, build, strength) when measured against potential playing colleagues?
- Is the player physically equipped to compete on an equal basis with players in the requested age/gender category?
- Will the player's skill level place them on an equal basis with eligible players in that age/gender category?
- Is the competition at a level in which the player can compete safely?

In conducting an assessment for a player to participate in a higher age or different gender category, the coach should take the following additional factors into consideration:

- Does the player have a sufficient skill level specific to both their playing position and to the game's fundamentals (e.g. tackle, pass, ruck, maul, scrum)?
- What is the player's level of experience?
- Is the player reasonably experienced and have they gained that experience in a comparable standard of competition?
- What is the standard of competition in the requested age/gender group?
- Does the player undertake a regular strength training program?
- If so, how many times a week do they complete strength training and who provided the program?
- What was the nature of the strength program that was completed over the last month?
- For how months/years has the player been doing regular strength training?

In addition to the above considerations, if the player's position is in the front row of the scrum (prop or hooker), then the coach must also consider:

- How many years of front row experience does the player have?
- Were they a front row player during the previous season?
- If the player missed a game through injury in the previous season, what was the nature of the injury?
- What coaching qualifications does the player's current coach have?
- Has the player received any specialist front row coaching in the last 2 years?
- If so, what type of coaching was received and who provided it?
- What are the coaching qualifications and experience of the specialist coach?

In conducting an assessment for a player to participate in a lower age category, the coach should take the following additional factor into consideration:

Does older player's participation create a possible increased risk of injury to other players?

Once the coach has completed and signed the assessment, it should be explained to the player's parent or legal guardian.