



COASTAL CUP COMPETITION

| | PACIFIC PIDE | TWU | ISC | UVC |
|------------------|------------------------------|------------------------------------|------------------------------------|------------------------------------|
| 02-Sep-21 | UBC | UVC | @ Pacific Pide - Starlight Stadium | UVC |
| 09-Sep-21 | @ University of Victoria | @ UBC | Trinity Western University | Pacific Pide |
| 14-Sep-21 | @ UBC | University of Victoria | Pacific Pide | @ Trinity Western University |
| 20-Sep-21 | University of Victoria | UVC | UVC | @ Pacific Pide - Starlight Stadium |
| 26-Sep-21 | UVC | @ University of Victoria | UVC | Trinity Western University |
| 07-Oct-21 | UVC | UBC | @ Trinity Western University | UVC |
| 14-Oct-21 | @ Trinity Western University | Pacific Pide | @ University of Victoria | UBC |
| 21-Oct-21 | @ Cowichan Warriors | UVC | UCCOB | Capehorn |
| 28-Oct-21 | Trinity Western University | @ Pacific Pide - Starlight Stadium | University of Victoria | @ UBC |

Regular Season
Games
Contributing to
Final Standings



DUNBAR KEG COMPETITION

| | FYRU | IVRU TSUNAMI | VRU TIC | VRU WAVE |
|------------------|---|--|--|--------------------------------|
| 09-Sep-23 | ② Vancouver Wave (Vancouver Rugby Union) | ② South Vancouver Island Tide | North Vancouver Island Tsunami | Fraser Valley Rugby Union |
| 16-Sep-23 | South Vancouver Island Tide | ② Vancouver Wave (Vancouver Rugby Union) | ② Fraser Valley Rugby Union | North Vancouver Island Tsunami |
| 23-Sep-23 | Vancouver Wave (Vancouver Rugby Union) | South Vancouver Island Tide | ② North Vancouver Island Tsunami | ② Fraser Valley Rugby Union |
| 30-Sep-23 | ② North Vancouver Island Tsunami | Fraser Valley Rugby Union | Vancouver Wave (Vancouver Rugby Union) | ② South Vancouver Island Tide |
| 07-Oct-23 | Thanksgiving | | | |
| 14-Oct-23 | Final - 1st Seed vs 2nd Seed @ 1st Seed Home | | | |

No Shows



REGIONAL MAINLAND MEN'S PREMIER PRE-SEASON

| | | BURNABY | CAPILANO | MERRILOMA | USCOB |
|------------------|--|------------|-------------|-----------|-------------|
| 09-Sep-23 | Regional Week 1 | Merriloma | @ USCOB | @ Burnaby | Capilano |
| 16-Sep-23 | Regional Week 2 | @ Capilano | Burnaby | USCOB | @ Merriloma |
| 23-Sep-23 | Regional Week 3 | USCOB | @ Merriloma | Capilano | @ Burnaby |
| 30-Sep-23 | National Truth and Reconciliation Day | | | | |
| 07-Oct-23 | Thanksgiving | | | | |

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| Club Day |
| Together with Women's Team |
| No Games |



REGIONAL MAINLAND MEN'S PREMIER RESERVE PRE-SEASON

| | | BURNBY | CAPIANO | MERALONA | USCOB |
|-----------|--|-----------|------------|-----------|------------|
| 09-Sep-23 | Regional Week 1 | Meralona | @ USCOB | @ Burnaby | Capiano |
| 16-Sep-23 | Regional Week 2 | @ Capiano | Burnaby | USCOB | @ Meralona |
| 23-Sep-23 | Regional Week 3 | USCOB | @ Meralona | Capiano | @ Burnaby |
| 30-Sep-23 | National Truth and Reconciliation Day | | | | |
| 07-Oct-23 | Thanksgiving | | | | |

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| Club Day |
| Together with Women's Team |
| No Game |



REGIONAL MAINLAND AND INTERIOR MEN'S DIVISION 1 AND 2 PRE-SEASON

| | | ABBOTSFORD | AXMIN | BAYSIDE | KAMLOOPS | KITS | KELOWNA | LANGLEY | MICALOMA | ROVERS | SCRIBES | SFU | SURREY |
|------------------|--|------------|----------|--------------|------------|--|------------|-----------|---|--------------|-----------|---|--|
| 09-Sep-23 | Regional Week 1 | Bayside | @ Rovers | @ Abbotsford | Kelowna | Capitans - Regional Division Crossover | @ Kamloops | Scrives | @ Burnaby - Regional Division Crossover | Aaxmin | @ Langley | Ridge Meadows - Regional Division Crossover | Chilliwack - Regional Division Crossover |
| 16-Sep-23 | Regional Week 2 | @ Kamloops | Micaloma | Rovers | Abbotsford | @ SFU | Langley | @ Kelowna | @ Axmin | @ Bayside | Surrey | Kits | @ Scrives |
| 23-Sep-23 | Regional Week 3 | Rovers | Scrives | @ Kelowna | @ Langley | Surrey | Bayside | Kamloops | Capitans - Regional Division Crossover | @ Abbotsford | @ Axmin | United - Regional Division Crossover | @ Kits |
| 30-Sep-23 | National Truth and Reconciliation Day | | | | | | | | | | | | |
| 07-Oct-23 | Thanksgiving | | | | | | | | | | | | |

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| Club Day |
| Together with Women's Team |
| No Games |



REGIONAL MAINLAND AND INTERIOR MEN'S DIVISION 3 PRE-SEASON

| | | ABBOTSFORD | AXEMEN | BAYSIDE | BRITLIONS | BURNBY | COPLAND | CHILLINACK | KARLOOPS | KELONA | LINDLEY | RICHMOND | RISE MEADOWS | ROSES | ROWERS | SCRIBES | UNITED |
|-----------|--|------------|----------|--------------|-----------|---------------------------------------|---|--|------------|------------|----------|---------------|-------------------------------------|--------------|--------------|------------|-------------------------------------|
| 09-Sep-23 | Regional Week 1 | Bayside | @ Rovers | @ Abbotsford | Regents | Mendama - Regional Division Crossover | @ Kato - Regional Division Crossover | @ Surrey - Regional Division Crossover | Kelona | @ Karloops | Scrives | United | @ SFU - Regional Division Crossover | @ Brit Lions | Aaxmen | @ Langley | @ Richmond |
| 14-Sep-23 | Regional Week 2 | @ Karloops | Regents | Rovers | @ Scrives | @ Capitals | Burnaby | Richmond | Abbotsford | Langley | @ Kelona | @ Chilliwack | @ United | @ Aaxmen | @ Bayside | Brit Lions | Ridge Meadows |
| 20-Sep-23 | Regional Week 3 | Rovers | Scrives | @ Kelona | Burnaby | @ Brit Lions | @ Mendama - Regional Division Crossover | @ Regents | @ Langley | Bayside | Karloops | Ridge Meadows | @ Richmond | Chilliwack | @ Abbotsford | @ Aaxmen | @ SFU - Regional Division Crossover |
| 24-Sep-23 | National Truth and Reconciliation Day | | | | | | | | | | | | | | | | |
| 07-Oct-23 | Thanksgiving | | | | | | | | | | | | | | | | |

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| Club Day |
| Together with Women's Team |
| No Game |



REGIONAL ISLAND MEN'S PREMIER PRE-SEASON

| | | CASTAWAY WARRIORS | JAMES BAY | WESTSHORE |
|------------------|--|-------------------|-------------------|---------------------|
| 07-Sep-23 | Regional Week 1 | @ James Bay | Castaway Warriors | Bye |
| 14-Sep-23 | Regional Week 2 | Westshore | Bye | @ Castaway Warriors |
| 21-Sep-23 | Regional Week 3 | Bye | @ Westshore | James Bay |
| 30-Sep-23 | National Truth and Reconciliation Day | | | |
| 07-Oct-23 | Thanksgiving | | | |

Club Day

No Games



REGIONAL ISLAND MEN'S PREMIER RESERVE AND DIVISION 1 PRE-SEASON

| | | CASTAWAY WANDERERS | COWICHAN | JAMES BAY | NANAIMO | PORT ALBERNI | UNIVERSITY OF VICTORIA 2 | WESTSHORE |
|-----------|---------------------------------------|--------------------|--------------|--------------------|----------------------|--------------------------|--------------------------|----------------------|
| 9-Sep-23 | Regional Week 1 | @ James Bay | @ Westshore | Castaway Wanderers | @ Port Alberni | Nanaimo | Bye | Cowichan |
| 16-Sep-23 | Regional Week 2 | Westshore | @ Nanaimo | Bye | Cowichan | University of Victoria 2 | @ Port Alberni | @ Castaway Wanderers |
| 23-Sep-23 | Regional Week 3 | Nanaimo | Port Alberni | @ Westshore | @ Castaway Wanderers | @ Cowichan | TBD | James Bay |
| 30-Sep-23 | National Truth and Reconciliation Day | | | | | | | |
| 7-Oct-23 | Thanksgiving | | | | | | | |

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| Club Day |
| No Games |



REGIONAL ISLAND MEN'S DIVISION 3 PRE-SEASON

| | | CASTAWY WANDERERS 2 | COMEX | NANAIMO 2 |
|-----------|---------------------------------------|---------------------|------------------------|------------------------|
| 09-Sep-23 | Regional Week 1 | Bye | Nanaimo | @ Comex |
| 14-Sep-23 | Regional Week 2 | Comex | @ Castaway Wanderers 2 | Bye |
| 23-Sep-23 | Regional Week 3 | Nanaimo | Bye | @ Castaway Wanderers 2 |
| 24-Sep-23 | National Truth and Reconciliation Day | | | |
| 03-Oct-23 | Thanksgiving | | | |

Club Day

No Games