



2023 SARATOGA CUP
AUGUST 26-27, 2023
ROCKY MOUNTAIN ROGUES
COLLEGE OF THE ROCKIES,
2700 COLLEGE WAY,
CRANBROOK, BC V1C 5L7

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Introduction

Welcome all teams to the 2023 Saratoga Cup. Inside this tournament pack you will find all information to guide you through this year’s event.

Should you have any questions on the day please do not hesitate to see the Rocky Mountain Rogues or BC Rugby Staff.

Competition Purpose

The purpose of the Saratoga Cup is to foster the growth of competitive Rugby throughout the Interior and Northern regions of British Columbia and provide a final event for the Summer League Competition.

Venue Details

The 2023 Saratoga Cup is taking place at Rocky Mountain Rogues – College of The Rockies, 2700 College Way, Cranbrook, BC V1C 5L7

Parking

- Teams may park in the parking lot indicated below.



Change Rooms

- All Teams will share a changeroom for use prior to and post their match.
- There is 1 changeroom in total and all will be utilized by all teams so please be considerate of teams coming in before and after you.
- Changeroom rules:
 - All teams must vacate the changeroom during your match
 - No gear is to be left in the changeroom during your match
 - No alcohol is to be consumed in the changerooms
 - Place all rubbish in the bins provided before you exit
- Please come prepared to play on field.

Food & Drinks

- The Rocky Mountain Rogues will have food onsite and a Beer Garden with food and drinks to be purchased both Saturday and Sunday
- There is a planned function on the Saturday night as well at the Curling Rink.
- Please ensure that we keep the park clean and tidy by placing all garbage and bottles in the appropriate bins.

Key Deadlines & Timelines

- 9am Friday August 25 - Team Rosters must be submitted to BC Rugby via the template provided. All rosters submitted will be checked to ensure compliance.

Match Schedule

Men's Matches

All matches will have 30minute halves with halftimes to be a MAXIMUM of 10 minutes whistle to whistle. The schedule does allow for overtime so all matches should have full playing time. Remember: any players subject to U19 Law Variations must not exceed 70 minutes of playing time.

Women's Matches

All matches will have 7minute halves with halftimes to be 1 minute whistle to whistle.

Matches have the following kick-off times:

- **Saturday Aug 26**

- **10:30am – Saratoga Cup Semi-Final 1** – Winner Okanagan Rugby Union (Vernon) vs Runner Up Kootenay Cup (Elk Valley)
- **12:30pm – Saratoga Cup Semi-Final 2** – Winner Kootenay Cup (Rocky Mountain Rogues) vs Winner Central Interior Rugby Union (Terrace Northmen)
- **2:30pm – Saratoga Women's 7s Round 1** – Elk Valley vs Kamloops
- **2:50pm – Saratoga Women's 7s Round 2** – Rocky Mountain Rogues vs Terrace
- **3:30pm – Saratoga Women's 7s Round 3** – Kamloops vs Rocky Mountain Rogues
- **3:50pm – Saratoga Women's 7s Round 4** – Elk Valley vs Terrace
- **4:30pm – Saratoga Women's 7s Round 5** – Kamloops vs Terrace
- **4:50pm - Saratoga Women's 7s Round 6** - Elk Valley vs Rocky Mountain Rogues

- **Sunday Aug 27**

- **9:30am - Saratoga Cup Men's 3/4 Playoff** - Loser Saratoga Cup Semi Final 1 vs Loser Saratoga Cup Semi Final 2
- **11am - Saratoga Women's 7s Semi Final 1** – 1st Place Round Robin vs 4th Place Round Robin
- **11:20am - Saratoga Women's 7s Semi Final 2** – 2nd Place Round Robin vs 3rd Place Round Robin
- **12pm - Saratoga Women's 7s 3/4 Playoff** – Loser Saratoga Women's 7s Semi Final 1 vs Loser Saratoga Women's 7s Semi Final 2
- **12:20pm - Saratoga Women's 7s Final** – Winner Saratoga Women's 7s Semi Final 1 vs Winner Saratoga Women's 7s Semi Final 2
- **1:00pm - Saratoga Cup Men's Final** - Winner Saratoga Cup Semi Final 1 vs Winner Saratoga Cup Semi Final 2

Livestream

All games will be live-streamed and available on Veo. Download the Veo App on [Apple Store](#) or [Google Play](#)

- Create free VEO Live Account
- Search “BC Rugby” and follow the profile
- Select which stream you wish to watch

Matches will be recorded and posted on the BC Rugby YouTube the following week.

Match Protocols

Player Welfare

- Any Player suspected of or suffering from a concussion is to be immediately removed from the field of play and is not permitted to return to play.
- Regardless of any overtime required in Playoff Matches, any Player subject to World Rugby’s U19 Variations must not exceed 70 minutes of Playing time in that Playoff Match.

Roster Size & Substitutions

- Men’s Rosters are limited to a **maximum of 25 players**
- Women’s Rosters are limited to a **maximum of 15 players**
- Teams may bring 4 additional players into their squad from their regional competitions to meet the minimum squad size, however these additional players must have competed in the Regional Competitions during the summer to be eligible to participate in the Saratoga Cup.
- Per Rule 5.7 (e) Substitutions in Men’s & Women’s Club Competitions Leagues a Team is permitted an unlimited number of player exchanges. That is, a removed Player may re-enter the Match as and when facilitated by the appointed Match Official.

Playing Enclosure

- Please encourage your supporters to respect the playing enclosure and keep off the field.

- Coaches, team staff & substitutions are asked to remain in the designated technical zones.
- Coaches are not permitted on the field or behind in-goal area.
- Substitutes are asked to warm up in their designated 'attacking' in-goal area without balls or equipment.
- Only team therapists and medical personnel are permitted onto the playing field to attend to a player needing attention.

On-Site Medical Support

- BC Rugby will provide Therapists who are available to support on-field injuries.
- BC Rugby Staff will only step onto the field for an injury if called upon by a Coach, Referee or Therapist.

Match Officials

- All matches will be appointed a Match Official team and all teams will be supplied with radio equipment.
- Appointments will be made by RMOSBC and BC Rugby shall cover costs.
- Please always show respect to Officials – give them the space to do their job

Jersey Colour

- Some divisions may require communications between teams to avoid colour clashes. The bottom seeded team will be viewed as the 'away' team and therefore have first choice on jersey colour.

Key Rules of Competition (excerpt)

5.10 Point Tabulations

Competitions of Sevens Rugby – Team standings shall be determined by the total number of Match points earned by a Team in pool Matches, which shall not include bonus points. The allocation of Match points shall be as follows:

- i. Three points for a win.
- ii. Two points for a draw.
- iii. One point for a loss.

- iv. A defaulted Match shall count as three points and its score shall be recorded as 5-0 and will count as one unconverted try.

6.1 Tie-Breaking in Team Standings

a) Two-Way Ties in Senior Competitions – in the case of two Teams tied at the end of regular season or all pool Matches, the final standings of the two Teams shall be determined by considering in order of the factors below:

- i. The aggregate score of the Matches Played between the two Teams;
- ii. The most wins in the league or pool;
- iii. The Points Differential in the league or pool Play;
- iv. The toss of a coin by the Chair of the Committee or Tournament Director.

c) Three-Way Ties in Senior Competitions – in the case of a three-way tie at the end of regular season or all pool Matches, the final standings shall be determined by considering the factors, in order, below. If any of the steps results in a two-way tie, then the rules for breaking a two-way tie shall be applied. When Points Differential is used, the Team with the highest point differential will be considered the winner. If seeding is still required for the remaining two Teams, then this will revert to two-way tie breaking rules.

- i. The most wins between the Teams;
- ii. The most wins in the league or pool play;
- iii. The Points Differential in league or pool play between the Teams involved in the three-way tie;
- iv. The Points Differential in league or pool play if all Teams tied Played all their Matches;
- v. The toss of a coin by the Chair of the Committee or Tournament Director.

Section 6.2 - Tie-Breaking in Playoff Matches

If the score is tied at the end of regulation time of a Playoff Match, then the tie shall be broken by the following procedures:

- a) Two five-minute halves of overtime shall be Played.
- b) If the score remains tied, then the Teams shall Play a five-minute period of overtime with the Team scoring first determined as the winner (i.e. sudden death).

- c) If the score remains tied, then the Teams shall compete in kicks at goal as directed by World Rugby protocol and confirmed by BC Rugby prior to Playoffs.

Section 6.7 Submitting Team Rosters

All Team Sheets for Playoffs must be submitted to BC Rugby by Friday 9am prior to each Playoff Match. Changes may still be made up until 2 hours after the final whistle and must include all substitutions made. Roster size is consistent with regular season.

Discipline Policy

A player sent off due to receiving a Red Card will not play again during the tournament and the player will have this reported to the BC Rugby Discipline Committee.

There will be no citing commissioner at the event. Match Officials are responsible for reporting any foul play.

Results

Score:

Match scores will be posted on the BC Rugby App once reported by the referee of the game. To download the app here on [Google](#) or here on [Apple](#).

Referee Information

Match Officials from throughout the province will be appointed by BC Rugby. They will be working with Coaches of Match Officials to ensure that feedback serves player welfare, the development of the game and the development of Match Officials long term. Any questions or concerns can be directed to BC Rugby's Officials Development Manager Chris Assmus at cassmus@bcrugby.com

Emergency Action Plan

Saratoga Cup – August 26-27, 2023

Rocky Mountain Rogues, College of The Rockies, 2700 College Way,
Cranbrook, BC V1C 5L7

Information	Details
Charge Person:	Tuyet Vu-Noreau– 905-467-1102
Call Person:	Appointed BC Rugby Therapist
Events Emergency Coordinator:	Sam Crawford: 778-653-1621
Emergency Services Protocol	<ul style="list-style-type: none">- Limit scene to First Aid providers and move by-standers and players away from the area- When calling Emergency Services, provide name and title or position, current address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested.- Contact First Aid providers through the Events Emergency Coordinator
Directions to College of The Rockies from Nearest Major Intersection:	<u>From 24th Ave N/College Way intersection:</u> <ul style="list-style-type: none">- Head North on 24th Ave N- Turn Right (East) on College Way- Entrance to Carpark approximately 700m on left- Call Person will meet ambulance at Carpark Entrance
Ambulance Access #1:	<u>From 24th Ave N/College Way intersection:</u> <ul style="list-style-type: none">- Head North on 24th Ave N- Turn Right (East) on College Way- In 700m turn left into the campus- Call Person will meet ambulance at edge of carpark
Location of Physician:	At Emergency facility listed below

Location of Phone and/or Cellular Phone #:	Cell phone with Call Person
EMS Dispatch #:	911
Location of Nearest Emergency Facility:	<p><u>East Kootenay Regional Hospital:</u> 250-426-5281, 13 24 Ave N, Cranbrook, BC V1C 3H9</p> <p><u>Cranbrook Urgent and Primary Care Centre:</u> 250-420-2323, 1311 2 St N Unit 230, Cranbrook, BC V1C 3L1</p>
Assembly Point for Lightning or Severe Weather:	Take shelter immediately in any surrounding building or metal-roofed vehicle. Stay inside for 30 minutes after the last rumble of thunder is heard.
Muster Point:	In the events of a mass emergency such as an earthquake, the assembly point for all staff and attendees is clear of all structures and trees at the center of the field or parking lot beside field.
BC Rugby COVID-19 Safety Manager	<ul style="list-style-type: none"> - Sam Crawford - covidsafety@bcrugby.com - Phone: 778-653-1621