



2023 KAMLOOPS 7S TOURNAMENT PACKAGE

September 30 – October 1, 2023
McArthur Island Park
1655 Island Pkwy, Kamloops



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Introduction

Welcome all teams to the 2023 Kamloops 7s. Inside this tournament pack you will find all the information to guide you through this year’s event.

Should you have any questions on the day of the event that aren’t addressed by this pack, please come to the tournament operations base, located at the Kamloops Sports Council.





Pre-Tournament Conference Call

A Pre-Tournament Conference Call for Coaches and Managers will be held **Wednesday September 20 at 7.00pm (PT).**

All Coaches and managers are encouraged to attend the call via the link here:

<https://us02web.zoom.us/j/82346923341?pwd=R2xSNkt5N3F2ZXpTdXJvZkRqK3lGUT09>

Competition Purpose

Kamloops 7s is the biggest Sevens tournament in Western Canada. It has seen extraordinary popularity amongst Age-Grade teams across the Province. Specifically designed for Girls' and Boys' teams in the U14-U18 categories, the tournament delivers fun, action-packed games in a picturesque setting.

The purpose of the Kamloops 7s is to foster the growth of Age-Grade Rugby throughout British Columbia while also serving as a lead into the Age-Grade Club Season. Kamloops 7s aims to provide stage appropriate competition to motivate, challenge and inspire young players, as well as Coaches and Officials.

Event Details

Location - McArthur Island Park, 1655 Island Pkwy, Kamloops

Event Dates – Saturday September 30 – Sunday October 1

Entry to this event is free. There will be food trucks, drinks, and concessions available on site. Payments can be made in cash or by card. There is no ATM available on site. Please ensure that you are respectful of the park and take your cleats off when going indoors as well as throwing all garbage away.

BC Rugby will also have a text service for important updates throughout the weekend. To register for texts please text **K7S2023** to **672-802-0246**. This is a free service for you to register for.





2023 Schedule Details

Below are the teams and competition formats for each division. Schedules may be prone to last minute changes. See <https://bcrugby.com/competitions-2/2023-kamloops-7s/> and the BC Rugby website and BC Rugby App for the most up to date schedules including current timing. Download the app here on [Google](#) or on [Apple](#).

The schedule for this weekend is very tight with games, so we ask all teams to assist us in staying on time by being ready to take the field 5 minutes prior to kickoff. If teams are not on field, play will begin without you.

Important, please note total match play per day is per Rugby Canada's Age Grade Law Variations. Please note as per World Rugby's Age-Grade Law Variations total match play per day for tournament is to be capped as follows:

- U14 - 70mins per day
- U16 & U18 - 90mins per day

Warm-up Areas

Teams are asked to warm up away from their fields, using the space past the try lines or space surrounding the fields.

Tournament Rules

Team Registration & Rosters:

Team sheets must be submitted prior to each game. Minimum Roster Size is 10 Players and a Maximum of 15.

Player Eligibility:

All players must be registered in order to play in the tournament. The team roster that you submit for the tournament is the roster that you will play with for the remainder of the tournament.





Age-Grade Exemptions:

Be aware of the permitted age of athletes in each age-bracket and when an Age-Grade exemption is needed. All Age-Grade exemptions will have been communicated prior to the event.

Coin Toss:

In order to save time and avoid distraction from game preparation the first team listed will kick-off from the South (river side) end of each field.

Law Variations and Rules of Competition

[Rugby Canada's Age-Grade Law Variations](#) will be used along with [BC Rugby Age Grade Rules of Competition](#).

There will be no goal posts used for this event, instead relevant zones will be identified in the in-goal area with 7-point and 5-point scoring zones (7 in the middle and 5 on the edges).

U14s will use Size 4 Balls.

All Age-Grades will have drop-kick restarts, no punting for kickoff will be allowed at Kamloops 7s.

Discipline Policy

A player sent off due to receiving a Red Card may not play again during their next game. It will be at the discretion of the Tournament Discipline Committee to exclude them from further matches, as well as whether to refer the matter to the BC Rugby Discipline Committee.

A yellow card will result in the player being excluded from the pitch.

- 2 minutes with player replaced to allow for equal numbers at U14s





3 yellow cards at any stage for one player in the competition means that the player must appear in front of the Tournament Discipline Committee (player and manager will be notified). There will be no citing commissioner at the event. Match Officials are responsible for reporting any Yellow or Red Cards.

Key Rules of Competition (Excerpt)

5.10 Point Tabulations

b) Competitions of Sevens Rugby – Team standings shall be determined by the total number of Match points earned by a Team in pool Matches. The allocation of Match points shall be as follows:

- i. Three points for a win.
- ii. Two points for a draw.
- iii. One point for a loss.
- iv. A defaulted Match shall count as three points and its score shall be recorded as 20-0 and will count as 4 unconverted tries.

6.1 Tie-Breaking in Team Standings

- a) Two-Way Ties – in the case of two Teams tied at the end of regular season or all pool Matches, the final standings of the two Teams shall be determined by considering in order of the factors below:
 - i. The aggregate score of the Matches Played between the two Teams;
 - ii. The most wins in the league or pool;
 - iii. The Points Differential in the league or pool Play;
 - iv. Most tries scored in league or pool Play;
 - v. The toss of a coin by the Chair of the Committee or Tournament Director.
- b) Three-Way Ties – in the case of a three-way tie at the end of regular season or all pool Matches, the final standings shall be determined by considering the factors, in order, below. If any of the steps results in a two-way tie, then the rules for breaking a two-way tie shall be applied. When Points Differential is





used, the Team with the highest point differential will be considered the winner. If seeding is still required for the remaining two Teams, then this will revert to two-way tie breaking rules.

- i. The most wins between the Teams;
- ii. The most wins in the league or pool play;
- iii. The Points Differential in league or pool play between the Teams involved in the three-way tie;
- iv. The Points Differential in league or pool play if all Teams tied Played all their Matches;
- v. The toss of a coin by the Chair of the Committee or Tournament Director.

6.2 Tie-Breaking in Playoff Matches

If the score is tied at the end of regulation time of a Playoff Match, then the tie shall be broken by the following procedures:

- a) First to score during a maximum of two two-minute halves of overtime shall be Played.
- b) If the score remains tied, the winner shall be determined by considering in order of the factors below:
 - i. The team with the most tries scored during the playoff match;
 - ii. The team with the most converted tries scored during the playoff match;
 - iii. The team with the most penalty goals during the playoff match;
 - iv. The team with the most drop goals during the playoff match;
 - v. The team that scored first during the playoff match;
 - vi. The toss of a coin organized by the Match Official

Results

Score:

Match scores will be posted on the BC Rugby website and BC Rugby App once reported by the referee of the game. To download the app here on [Google](#) or here on [Apple](#).





Award Presentations

Award presentations will take place 10-15 minutes after each final match on Sunday on the West Side of Field 4. Please allow time for final results to be calculated and communicated. Use the venue map on page 13 for exact location.

Medical Information

BC Rugby Medical Staff will be present all weekend. BC Rugby Staff will only step onto the field for an injury if called upon by a Coach, Referee or Therapist. Therapists will be wearing Red Pinnies to identify themselves. Please bring your own taping as these services will not be provided by therapists.

BC Rugby's number one priority is player safety and adheres to World Rugby's policy of 'Recognize and Remove' when dealing with concussions or suspected concussions.

Any player suspected or suffering from concussion should be immediately removed from competition and report to BC Rugby Medical Staff for evaluation. Not reporting injury symptoms to avoid medical evaluation significantly increases the risk prolonging recovery and long-term effects.

Alternatively, players can be directed to Royal Inland Hospital for evaluation and treatment from a physician for any injury. Please provide documentation to medical tent for completion of the incident and witness report forms.

Coach and Manager Certifications

Teams should be aware that all Coaches and Managers are required to have completed the following online courses:

- [World Rugby - Concussion Management for the General Public](#)
- [World Rugby – Rugby Ready Course](#)

All coaches and managers must be registered in Sportlomo under the relevant categories and associated with their Regional Union.





Emergency Action Plan

Information	Details
Charge Person:	Naomi Ogawa – 250-891-3539
Call Person:	Appointed BC Rugby Therapist
Events Emergency Coordinator:	Sam Crawford: 778-653-1621
Emergency Services Protocol	<ul style="list-style-type: none"> - Limit scene to First Aid providers and move by-standers and players away from the area - When calling Emergency Services, provide name and title or position, current address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested. - Contact First Aid providers through the Events Emergency Coordinator
Directions to McArthur Island Park from Nearest Major Intersections:	<p><u>From Tranquille Rd/12th St intersection:</u></p> <ul style="list-style-type: none"> - Head West on Tranquille Rd - Turn Left (South) on 12th St - Turn right after 350m onto Island Parkway - Kamloops Sports Council Association will be 750m on right - Call Person will meet ambulance at Kamloops Sports Council Association <p><u>From Tranquille Rd/MacKenzie Ave intersection:</u></p> <ul style="list-style-type: none"> - Head North on Tranquille Rd - Turn left onto Yew St and head West - Yew St turn slight right and becomes MacKenzie Ave





	<ul style="list-style-type: none"> - Continue on MacKenzie Ave for 650m - Turn left to stay on MacKenzie Ave - Turn right onto Island Parkway - Continue on Island Parkway for 350m - Turn left to stay on Island Parkway - Kamloops Sports Council Association will be 750m on right - Call Person will meet ambulance at Kamloops Sports Council Association
<p>Ambulance Access #1:</p>	<p><u>From Tranquille Rd/12th St intersection:</u></p> <ul style="list-style-type: none"> - Head West on Tranquille Rd - Turn Left (South) on 12th St - Turn right after 350m onto Island Parkway - Kamloops Sports Council Association will be 750m on right - Call Person will meet ambulance at Kamloops Sports Council Association - Call Person will be there to lead ambulance onto playing field
<p>Alternate Ambulance #2 Directions to Stadium from Nearest Major Intersections:</p>	<p><u>From Tranquille Rd/MacKenzie Ave intersection:</u></p> <ul style="list-style-type: none"> - Head North on Tranquille Rd - Turn left onto Yew St and head West - Yew St turn slight right and becomes MacKenzie Ave - Continue on MacKenzie Ave for 650m - Turn left to stay on MacKenzie Ave - Turn right onto Island Parkway - Continue on Island Parkway for 350m - Turn left to stay on Island Parkway - Kamloops Sports Council Association will be 750m on right





Location of Physician:	At Emergency facility listed below
Location of Phone and/or Cellular Phone #:	Cell phone with Call Person
EMS Dispatch #:	911
AED Location:	An AED can be found inside the McArthur Island Sport & Event Centre as well as the Kamloops Sports Council Association.
Security Dispatch #:	City of Kamloops 250-214-3307 Contact after 911 to inform of emergency situation on campus after EAP has been activated
Location of Nearest Emergency Facility:	<u>Royal Inland Hospital</u> : 250-374-5111, 311 Columbia St, Kamloops, V2C 2T1 <u>Urgent Primary Care & Learning Centre</u> : 250-314-2256, 311 Columbia St Unit #102, Kamloops, BC V2C 2T3 – No Walkins
Assembly Point for Lightning or Severe Weather:	Take shelter immediately in any surrounding building or metal-roofed vehicle. Stay inside for 30 minutes after the last rumble of thunder is heard.
Muster Point:	In the events of a mass emergency such as an earthquake, the assembly point for all staff and attendees is clear of all structures in the middle of their current field.
BC Rugby COVID-19 Safety Manager	<ul style="list-style-type: none"> - Sam Crawford - covidsafety@bcrugby.com - Phone: 778-653-1621





Emergency Field Access at McArthur Island Park



2015 Main Street
 Vancouver, British Columbia V5T 0J8
 T: 604.737.3065 E: info@bcrugby.com

BC Rugby gratefully acknowledges that its offices reside on the traditional and unceded territory of the Coast Salish Peoples, including the territories of the xʷməθkʷəy̓əm (**Musqueam**), Skwxwú7mesh (**Squamish**), Stó:lō and Sellwetaʔ/Selilwulh (**Tsleil-Waututh**) Nations.





Venue Details

Location - McArthur Island Park, 1655 Island Pkwy, Kamloops

Event Dates – Saturday September 30 – Sunday October 1



Parking:

Parking is free and located around the edge of the park, per the map above.

Changerooms:

No teams have allocated changerrooms for the weekend. With the high number of players in attendance we ask all teams to change prior to arriving at the fields.





Bathrooms:

There are washrooms throughout the park, please refer to the map to find the nearest ones.

The Rugby Shop Merchandise Stall:

The Rugby Shop will be present on the south side of the Kamloops Sports Council all weekend selling a selection of Rugby apparel and kit.

Restricted access:

When not in a match, all areas on-field at Mini Fields A and Fields 1, 2, 3, 4, 5, 6 and 9 will be limited to officials, volunteers and BC Rugby staff who can be identified by their clothing. Please always travel around the outside of the fields.

Spectators:

We want you to get a great view of the action all weekend but be aware that Assistant Referees will be running up and down the touchlines during match play. Please respect them and give them space to do their job. Please always stand at least 2 meters back from the touchline.

Team Tent Zone:

Team tents can be located around the outside of the fields and we ask that tents are a minimum of 5 metres back from the field.

Food & Water

Food Trucks – The following food trucks will be onsite on Saturday and Sunday:

- [Frozen Paddle](#)
- [Fryer's Express](#)
- [Gyldis Pizza](#)
- [The King's Kart](#)
- [Valhalla Smoke House](#)





Water:

Please bring your reusable water bottle for the weekend and fill it up at the water stations located throughout the park. See the venue map on page 12 for locations.

Referee Information

Match Officials from throughout the province will be appointed by BC Rugby. They will be working with Coaches of Match Officials to ensure that feedback serves player welfare, the development of the game and the development of Match Officials long term.

Any questions or concerns can be directed to BC Rugby's Officials Development Manager Chris Assmus at cassmus@bcrugby.com.

