



CLUB LEADERS SEASON GUIDE

2024-2025 Season: Info, Tools and
Resources for Coaches, Players,
Administrators and Officials



CONTENTS

- 1. On-Field Resources for Clubs (Coaches, Players, Administrators)**
- 2. Global Law Changes and Key Focus Areas**
- 3. Age-Grade Law Variations**
- 4. Off-Field Resources for Clubs (Coaches and Administrators)**
- 5. Concussion (Recognise & Remove)**
- 6. Discipline & Code of Conduct**
- 7. Communication**

ON-FIELD CLUB RESOURCES

- **[Squad Size and Game-On Guidelines \(here\)](#)**

Quick reference tool for squad sizes and game-on variations

- **[Game On \(limited numbers\) requests can be submitted here](#)**

Please fill this out at least 24 hours ahead of kickoff if you have fewer than 18 players available (u16 and u18) or fewer than 16 players (u14)

- **[Access our Key Focus Areas Video Guide \(here\)](#)**

Key Language and Common pictures to **align Players, Coaches, Officials, and Spectators** on what happens most often in our game

- **[Access our guide to 2024 Global Law Updates \(here\)](#)**

A quick reference tool to the THREE global law changes that will come into BC Rugby Competitions for 2024-2025

- **[Rules of Competition \(you can find the full version here\)](#)**

Full version of everything governing teams in BC Rugby Competitions



ON-FIELD SUPPORT (AT TRAINING OR PRESENTATION)

- **Referee at Training or Presentation Request:**
<https://forms.office.com/r/YRA7hDVzW2>

This is available to any member club team(s). Please try to submit request at least 1 week of the desired date of team training or presentation.

- **Training Sessions include set piece, breakdown, defensive/attacking patters (space), contextual understanding (score, time, location) etc.**
- **Presentations include Key Focus Area alignment, Video Review, On-Field leadership, etc.**





KEY FOCUS AREAS: CLICK EACH TITLE FOR VIDEO GUIDE

BREAKDOWN

[Tackler & Tackle-Assist](#)

[Jackler](#)

[Cleanout](#)

[Counter Ruck](#)

SPACE

[Pillar](#)

[Mid-Field](#)

[Linespeed](#)

[In Front](#)

SET PIECE

[Scrum Setup](#)

[Scrum Dominance](#)

[Lineout Setup](#)

[Maul Dominance](#)

MANAGEMENT

[Head Contact](#)

[Under Pressure](#)

[Movement & Position](#)

[Primary & Secondary
Communication](#)

CONTEXT

[Pressure Gauge](#)

[Microscope](#)

[Expected Outcomes](#)

[Law Application](#)

U14 LAW VARIATION

REMINDERS (FULL VERSION)

- Team Size - 13s
- 5 | 7 | 5 Scoring zone - If a try is scored in the middle 10m then 7 points are awarded. If scored outside the 10m then 5 points are awarded.
- PK kick out of hand only permitted within defensive 22m. Otherwise must be a tap.
- Kicking in general play **is permitted**
- Lineout: 5 participants + 1 receiver from each team with no lift (do not have to be forwards)
- Yellow card/Red Card*: Player removed from play and **replaced by another player**. Coaches give feedback to player (always 13 v 13).
- Game length - Max 50 minutes (25 minutes per half)



U16 (FULL VERSION) & U18 (FULL VERSION) LAW VARIATION REMINDERS

- **U16**

- Conversions no wider than 15m lines
 - Rolling substitutions permitted (consider 'halfgame' principle)
 - YC 5 minutes
 - Max 60 minutes (30 min per half)
- *See game-on guidelines if applicable*

- **U18**

- Rolling substitutions permitted
 - YC 7 minutes
 - Max 70 minutes (35 per half)
- *See game-on guidelines if applicable*





GLOBAL LAW CHANGES (EFFECTIVE 1 JULY 2024)

**Law Change 1: “croc-roll” cleanout
(cleaner landing near lower limbs of jackler is liable to sanction)**

**Law Change 2: NO SCRUM OPTION FROM FREE KICK.
(Scrum from PK is still available)**

Law Change 3: offside in front of kicker (players must actively retire and are no longer put onside by opposition passing or running 5m; if they affect play, they are liable to sanction)

[FULL GUIDE AVAILABLE HERE](#)

VIDEO SHARING AND REVIEW PLATFORM

- **Coach-Logic Platform (club options here)**

Previously all Men's and Women's Premier League teams were given access to their own Coach-Logic video sharing platform. We need not be able to provide this in 2024-2025. Clubs can arrange for their own platform by contacting info@coach-logic.com

- **Get Access to BC Rugby Hub here (access referee review clips, game footage, send clips etc.)**

Good for coaches and on-field leaders to stay in touch with Key Focus Area updates.

- **Share your team's video* (please share this link with your club's video personnel)**

Video footage can be sent to cassmus@bcrugby.com anyone on BC Rugby coach-logic hub will have access to footage. **Access to video footage from across BC Rugby competitions help keep Key Focus Areas up to date + provide educational materials for Players, Coaches and Officials.**

***Coach-Logic offers software for simplified uploads from VEO**



OFF-FIELD CLUB RESOURCES

- **[Sanctioning Requests \(non-scheduled fixtures\) here](#)**

This is how to get a tournament or exhibition games approved and ensure Match Officials are appointed

- **[Roster submission](#)**

See Team Sheet Timelines (next page)

- **[Squad Size and Game-On Guidelines \(here\)](#)**

Quick reference tool for squad sizes and game-on variations

- **[Field Preparation \(here\)](#)**

A diagram that shows how to line a field and install non-playing personnel barriers

- **[Last minute Schedule Changes or Venue Issues](#)**

Contact cassmus@bcrugby.com AND aburley@bcrugby.com

- **[Rules of Competition](#)
[\(you can find the senior and junior ROC here\)](#)**

Full version of everything governing teams in BC Rugby Competitions

- **[Code of Conduct \(here\)](#)**

Code of Conduct Complaints can be **[submitted here](#)**

- **[Discipline & Citing Policy \(here\)](#)**

Guide to Discipline process, policy and player welfare sanctions



TEAM SHEET TIMELINES

- Create Team Sheet Panel
(September prior to start of first games)
- Submit Team Sheet (2h prior to kickoff)
- Update Team Sheet Tuesday 9am
- Contact aburley@bcrugby.com for Team Sheet support
- Refer to [Rules of Competition \(here\)](#) for Playoff Eligibility



SOCIAL MEDIA, BRANDING AND PROMOTIONAL MATERIALS

- Contact rbartlett@bcrugby.com for support with:
 - Club Social Media
 - Recruitment Campaigns
 - Branding Advice
 - Special Event Promotion



CONCUSSIONS

- BC Rugby's number one priority is player safety
- All Coaches, Officials and Administrators are required to renew their Concussion Management for General Public online certificates each year (**[access the online programme here](#)**)
- Players, Spectators and Parents are encouraged to complete Concussion Management for General Public (**[access the online programme here](#)**)
- We adhere to World Rugby's policy of 'Recognise and Remove' when dealing with concussions or suspected concussions. Any player suspected or suffering from. **THERE ARE NO IN-GAME HEAD INJURY ASSESSMENT SUBSTITUTIONS (HIA) permitted in any domestic competition in Canada.**
- **Any player removed for suspected concussion will not return to play for the remainder of the Game (team coaching and club admin responsible for Return to Play)**
- The Concussion Recognition Tool can be found here <https://completeconcussions.com/wp-content/uploads/2023/06/Concussion-Recognition-Tool-CRT-6.pdf>



REGISTRATION AND RISK MITIGATION

- All Players, Coaches, Officials, Therapists and Administrators should be registered
- Registration assures that minimum civil liability management measures are in place
- Contact cassmus@bcrugby.com or aburley@bcrugby.com for registration support



DISCIPLINE

- **Red Card**
 - Player must appear at Discipline Committee hearing (with coach or manager) before being eligible to return
 - Tournament Discipline Committee will follow World Rugby Regulation 17's relevant sections for senior and age-grade players
 - It is the Club's responsibility to ensure no player sent off returns to play before a hearing or any suspensions (in any Rugby competition globally) are complete
 - **Discipline Decisions can be found here**
- **Yellow Card**
 - Temporary suspension from game play
 - 3 Yellow Cards in-season results in a mandatory Discipline Committee hearing



CODE OF CONDUCT

- **On-Field**
 - Coaches, Managers, Players, Officials and Spectators are required to comply with the standards set out in the Code of Conduct
 - Please reinforce expectations with your Club regularly
 - All persons involved at in BC Rugby competitions and Events are expected to understand behavioural standards
- **Off-Field**
 - BC Rugby Code of Conduct applies to all Athletes, Management, Spectators and Parents:
 - Throughout the day on the event grounds
 - On Social Media Before, During or After any BC Rugby Events
 - Respect for meal spaces, accommodations, local community and shared facilities
 - On private and public transport including Ferry, Air and bus travel.

[Submit Code of Conduct Complaints here](#)





BE PATIENT, BE KIND, & BE COLLABORATIVE

- **Players, Coaches and Officials: Without them, there is no game**
- **Managers and Administrators from all clubs: Without them, there is no opposition**
- **Therapists and Medical personnel: Without them, players cannot return to play**
- **E-mail, phone and text as though you are face to face**
- **Any issues to report (except for Code of Conduct) should go through your Program Lead**

Competition	Officiating	Player & Coach Pathway	Governance & Policy
aburley@bcrugby.com	cassmus@bcrugby.com	jtait@bcrugby.com	ceo@bcrugby.com

**MAKE 2024-2025
YOUR BEST SEASON!**

